

PETITION

To: Nancy-Ann DeParle, Director
Office of Health Reform
The White House
1600 Pennsylvania Ave NW
Washington, DC 20500

Dear Ms. DeParle:

The FDA has caused large numbers of fatal heart attacks and strokes by a blunder and subsequent coverup:

1. Upon its founding in the 1930's, the FDA immediately persecuted and destroyed the American mineral water industry in the mistaken belief that "pure" water was good and that mineral water was simply impure water. The most common minerals in water are magnesium and calcium, which we now know are necessary for health. Very little mineral water is now sold in the US, and almost all of it is imported from Europe.
2. Since the 1930's, the FDA has covered up its blunder by ignoring magnesium, and failing to inform the American people that most of them are deficient in magnesium. The RDA of magnesium for adult males is 420 mg per day, but average intake is only 327 mg per day, a shortfall of 22%! This deficiency causes many heart attacks and strokes.

Dr. Chang Lee at the California Department of Health has recently stated that he cannot allow the magnesium content of mineral water to be put in the nutrition panel of mineral water labels because the FDA won't permit it. This is a further harassment of the American mineral water industry, which is nearly extinct.

The World Health Organization has just published a book, "Calcium and Magnesium in Drinking Water", that documents the health benefits of mineral water. See:

http://www.who.int/water_sanitation_health/publications/publication_9789241563550/en/index.html

I request that you take the following actions:

1. Mandate the FDA to inform Americans that most of them are deficient in magnesium, which causes numerous heart attacks and strokes.
2. Mandate the FDA to allow the magnesium content of mineral waters to be put in the nutrition panel on the label of bottled mineral waters.
3. Ask the FDA to publicly announce that the FDA's destruction of the American mineral water industry in the 1930's was a mistake that reduced Americans' dietary intake of magnesium, causing numerous deaths.

The above actions would greatly improve the health of Americans, at no cost to the government or taxpayers. Indeed, it would considerably reduce Americans' health care costs.

Sincerely,

(name)

(address)